

Life at FRC

Today at FRC...

9:30 A.M. Welcoming: Randy & Karen O.
February 14 - Doug & Peggy G.
Kiosk: Vera W.
February 14 - Joyce D.
Camera: Camden
February 14 - Alayna
Nursery: Brittany D., Mary V., Camryn
February 14 - Kayly G., Sue W.
Worship Center: Krista S. Samantha
February 14 - Sarah C. & Brianne B., Ryan
Kid Connection: (2nd - 4th grade) Marilyn K.
February 14 - Aden C., Mary V.
10:00 A.M. Worship Service/Jesus Class/Special Offering - Missions
7:00 P.M. No Rise Youth Group

This Week at FRC...

Mon. - Fri. - 11:30 A.M. - 1:00 P.M. COA meals "dine-in" at FRC

Tues. - 9:00 A.M. Worship planning
10:00 A.M. Worship Ministry Team
6:30 P.M. Elder & Deacons meeting
7:45 P.M. Consistory meeting

Wed. - 11:00 A.M. Holy Grounds
4:30 - 6:15 P.M. Club 57 meeting (5th - 7th grades)
6:30 - 8:00 P.M. GEMS & Cadets (1st - 8th grades)

Thurs. - 6:45 P.M. Praise Team #2 practice

Looking Ahead...

February 14 - Valentine's Day
February 16 - 10:00 A.M. Worship planning
February 18 - 6:45 P.M. Praise Team #1 practice
February 21 - Jesus Class/Special Offering - Capital Improvements
February 18 - 6:45 P.M. Praise Team #1 practice
February 28 - Communion

Birthdays...

February 8 - Chase P.
February 10 - Adam D.
Jaydn D.
February 12 - Janell B.

What are your "best and worst parenting moments?"

If you have some interesting moments that you would like to share, please see Lindsey C. after the service today, as she will be doing a brief filming about your stories.

Church & Community News



Updated Church Directory - Soon, we will be printing 2021 church directories for those who do not have the app on their phone or device and need a paper copy. Please update any of your personal info so the directory will be accurate, including name changes, new additions, email addresses, home addresses, etc. **If you would like an updated picture of your family, you can have Pat or Sarah take your picture on Sunday, or you can email or drop one off and we will scan and return to you.** Please update all info by email at info@frcfremont.org, or by calling or stopping by the church office. Thank you!



Hand 2 Hand donations needed! We are still collecting food including peanut butter, jelly, pancake mix, pancake syrup, & individual packets/boxes of instant flavored oatmeal. All jars or bottles need to be plastic & NOT glass, and smaller portioned bottles or single serving packages are best. Please place donations in the blue box in the Gathering Center or in the box at the drive-in venue. Thank you for your help in feeding hungry community kids on the weekends! For more info on this ministry, please visit the website: www.h2hkids.org. Questions, or to make a monetary donation, contact Judy V.

Holy Grounds: We will resume this informal coffee time on Wednesday, Feb. 10 at 11 AM. Come and enjoy coffee with FRC friends! Let's crawl out of our Covid holes and enjoy some fellowship! We will do social distanced coffee drinking in the Gathering Center. Restaurants are reopened, and so is Holy Grounds!

Pray Newaygo is a movement of prayer focused on equipping and unifying our local churches to specifically pray for each person in the Greater Newaygo County Area. - Sign up at the welcome center after worship, or go to www.praynewaygo.com/individual/. So far, 15 FRC folk have agreed to pray, which represents 75 Newaygo households prayed for. Let's get those praying up to 70! It's doable. Will you participate?

In support of the prayer festival there will be daily 3 to 6 minute meditations available online by Newaygo county pastors. Joel's will be on Feb. 20. These daily thoughts will help with "how to pray." If you've never prayed for others or are new to devotions/daily times with God, this is a great opportunity. Teens, will you help too?

COA will be open for dine-in meals here Monday thru Friday 11:30 A.M. - 1:00 P.M. **starting this Monday.** As before, masks are required and social distancing guidelines will be followed. If you would like to get your meal as a GRAB-N-GO instead, please come inside the meal site between 11:30 and Noon to grab your meal.

TrueNorth donations are needed. Please place your donations on the table by the entrance doors and Gary S. will deliver them to TrueNorth.

This & That

10 Obstacles to effective prayer

1. Overcoming the obstacles of effective prayer is taking time to focus our minds upon God and our relationship to him which is made possible by His grace.
2. The second obstacle to effective prayer is feeling that it is our duty to pray, when prayer is really our privilege.
3. A third obstacle to prayer is making God into our servant instead of respecting Him as our Lord to whom we are accountable.
4. A fourth obstacle is misunderstanding who God is, such as transferring feelings about our earthly parents onto God. This is because our emotional experiences control basic attitudes and motives. The other reason is that because we have had little or no experience in feeling the quality of love God has for us, and we may be oblivious to it.
5. A fifth obstacle to effective prayer is holding on to a conduct we know is not right. Sinful things are always pleasurable. God does not answer our prayers when we know we are doing wrong and we put off starting a corrective process.
6. The sixth hindrance is explained in James 4:3 - When you ask, you do not receive, because you ask with the wrong motives, that you may spend what you get on your pleasures. The words "wrong motives" suggest that we are trying to get something we want for ourselves without first seeking God's will in the matter.
7. Praying with unbelief is a seventh hindrance to effective prayer. Help my unbelief is a good prayer for any of us to pray. Belief does not mean that God always has to give us what we ask. Belief is honestly seeking God's will in the matter.
8. The eighth obstacle is doubt. Doubt is usually based upon a combination of fear, unbelief, and disappointment.
9. The ninth obstacle is double-mindedness. These types of people are trying to be friends of the world and Christians at the same time. Being double-minded is a subtle and self-deceptive state of mind. One practices a facade of spirituality, while at the same time behaving in ways that are ungodly.
10. The 10th obstacle is praying with an unthankful spirit. A thankful spirit reveals a mind that is submissive to divine authority.

When we bend our knees to pray, God bends His ear to listen.